

LONDON COMMUNITY RESOURCES

INDIGENOUS RESOURCES			
Name		Contact	Services
N'Amerind Friendship Centre 260 Colborne Street		519-672-0131	<ul style="list-style-type: none"> • Aboriginal Court Worker • Healthy babies, healthy children • Akwe:go at risk ages 7-12 program • Urban Aboriginal Healthy Living • Family support • Employment and training • Prenatal supports • Healthy Weights connection • Wasanabin youth program • Aboriginal healing and wellness
At^Lohsa Native Family Healing Services 109-343 Richmond Street		519-432-2270	<ul style="list-style-type: none"> • Shelter (Women and children) 519-432-2270 • Crisis Line 1-800-605-7477 • Family Support 519-438-0068 • Elders Circle & Teaching Program • Community education, Training, and Prevention • Aboriginal youth in transition • Aboriginal Homelessness diversion
Nokee Kwe 104-1069 Wellington Road South		519-667-4872	<ul style="list-style-type: none"> • Education & Vocational Assessments • Literacy and Basic Skills • OSSD & GED Courses • E-Learning • Job search & Skills • Financial Literacy
HOSPITALS			
London Health Sciences Centre	Victoria Campus: 800 Commissioners Rd E University Campus: 339 Windermere Road	519-685-8500	Emergency- 519-685-8500
St. Joseph's Hospital	Grosvenor (Richmond) Site 268 Grosvenor Street	Grosvenor: 519-646-6100 Parkwood: 519-646-6100	<u>Parkwood Mental Health (Wellington Road Site)- 519-646-6100</u> <ul style="list-style-type: none"> • Inpatient

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	<p>London, Ontario N6A 4V2 519 646-6100 Parkwood Institute (Mental Health) 550 Wellington Road London, Ontario N6C 0A7 519 646-6100</p>		<ul style="list-style-type: none"> • Psychiatry • Outpatient • Ambulatory Care • Assessment services • Concurrent and dual diagnosis programs • Forensic program • Geriatric Psychiatry • Adolescent Psychiatry • Family Resources
HOUSING			
London CAREs		519 667-2273	<ul style="list-style-type: none"> • Housing-Focused Street Outreach • Housing Selection • Housing Stability • Syringe Recovery
Mission Services of London (York Street Site)	459 York Street	519-672-8500	<ul style="list-style-type: none"> • Emergency Beds • Crash beds • Rehabilitation Counseling • Chapel Services • Men's Clothing Room. • Life Skills Program • Resource centre with computers and assistance to link with community resources.
Salvation Army Centre of Hope	281 Wellington Road	519-661-0343	<ul style="list-style-type: none"> • Emergency Beds • Transitional Housing • Withdrawal Management • On-site Health Team (LIHC) • Housing Stability Bank
Unity Project	717 Dundas Street	519-433-8700	<ul style="list-style-type: none"> • Emergency Beds • Housing and Advocacy Worker • Life Skills • Volunteer program
At^Lohsa Native Family Healing Services	*See Indigenous resources section		

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Women's Rural Resource Centre	*See Women's services section		
ADDICTION SERVICES			
Addiction Services Thames Valley	200 Queens Avenue, Suite 260	519-673-3242	<ul style="list-style-type: none"> • Addictions Supportive Housing (ASH) • Addiction Transitional Case Management • Opioid Addiction Program • London Drug Treatment Court • Heartspace • Smoking Cessation • Internet, gaming and gambling
Methadone Clinics	<p>Clinic 528 528 Dundas Street East London, ON N6B 1W6 (519) 645-1533</p> <p>Integrated Circle of Care Inc 1385 North Routledge Park Road Unit 5 London, ON N6H 5N5 (519) 472-8282</p> <p>Oxford Recovery Clinic 502 Oxford Street East London, ON N5Y 3H7 (519) 645-6000</p>		<ul style="list-style-type: none"> • Methadone drinks
Withdrawal Management-Salvation Army Centre of Hope	281 Wellington Road	519-432-7241	<ul style="list-style-type: none"> • Detoxification • Provincial assessment • Referral to treatment • Skills Groups • 1-on-1 counseling
Turning Point (Recovery Homes)	Head Office: 612 Mornington Avenue	519-659-2250	<ul style="list-style-type: none"> • Recovery Residence • Individual Counseling • Group Counseling

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			<ul style="list-style-type: none"> • Basic Life Skills • Social and Recreational
Alcoholics Anonymous	201 Consortium Court London	519-438-9006	<ul style="list-style-type: none"> • 12-step meetings • Self-help
Narcotics Anonymous	471 William Street	519-661-0119	<ul style="list-style-type: none"> • 12-step meetings • Self-help
MENTAL HEALTH SERVICES			
Parkwood Mental Health (St. Joseph's Hospital)	*See hospitals tab for details		
Canadian Mental Health Association (CMHA)	London: 648 Huron Street, London, Ontario, N5Y 4J8 Strathroy: 21 Richmond Street, Strathroy, Ontario, N7G 2Z1 Exeter & Goderich: 149B Thames Road West, Exeter, Ontario, N0M 1S3	Huron Site: 519-435-9191 Strathroy: 519-245-0120 Exeter: 519-235-0335	<ul style="list-style-type: none"> • Bereavement • Case Management • Transitional Support • Leisure and Life Skills • Counseling • Eating Disorders • Clinical Services • Wait List Clinic • Family Support • Employment Support
<u>CRISIS NUMBERS</u>		CMHA Crisis Line (24/7): 1-866-933-2023 OR, 419-433-2023 London and District Distress Centre: Distress Line: 519-667-6711 Seniors Helpline: 519-667-6600 Women's Community House Abused Women's Helpline: 519-642-3000 Teletypewriter: 519-963-0427 Toll Free: 1-800-265-1576 Assaulted Women's Helpline: 1-866-863-0511	

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		Sexual Assault Centre Crisis: 519-438-2272	
		Males Survivors of Sexual Assault: 1-866-887-0015	
WOMEN'S SERVICES			
Woman's Community House	101 Wellington Road London, Ontario N6C 4M7	519-642-3003	<ul style="list-style-type: none"> • Abused Women's Helpline • Emergency, Short-term Shelter • Second Stage Housing • Transitional Outreach Services • Counselling and Support • Mine 101 (second hand clothing store/social enterprise) • Public Education • Family Court Support • The Mothers and Children Living Peaceful Lives program (formerly <i>The Community Group Program for Children Exposed to Woman Abuse</i>)
	450 Clarke Road (near Dundas), London, Ontario		
	1416 Ernest Avenue (near Bradley), London, Ontario		
London Abused Women's Centre	797 York Street - Unit 5, London, Ontario, N5W 6A8	519-432-2204	<ul style="list-style-type: none"> • Advocacy • Counselling • Support • Making Connections Group
Women's Rural Resource Centre	145 Beech Street Strathroy, Ontario N7G 1K9	519-246-1526	<ul style="list-style-type: none"> • Counseling • Children and family support • Rural Shelter Services • Community Advocacy <p>***Services for women and families who have or are experiencing abuse</p>
GOVERNMENT SERVICES			
Ontario Works	151 Dundas Street 2nd Floor	519-661-4520	<ul style="list-style-type: none"> • Online application form at http://www.mcass.gov.on.ca/en/mcass/programs/social/apply_online.aspx
Ontario Disability Support Program	217 York St, Suite 203	519-438-5111	<ul style="list-style-type: none"> • Online application form at http://www.mcass.gov.on.ca/en/mcass/programs/social/apply_online.aspx

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OTHER - HEALTH			
London Intercommunity Health Centre	659 Dundas Street 1355 Huron Street	519-660-0874	<ul style="list-style-type: none"> • Children, youth, and families • Diabetes and Chronic Illness management • HIV & Hepatitis • Immigrant and Ethnocultural Communities • Mental Health and Addictions • Poverty and Homelessness • Primary Health Care
Regional HIV/AIDS Connection	#30-186 King Street	519-434-1601	<ul style="list-style-type: none"> • Counselling Services • HIV/AIDS Education • Needle Exchange • Disease Testing
Sexual Assault Centre London	255 Horton Street, 3 rd Floor, Suite 5, N6B 1L1	519-439-0084	<ul style="list-style-type: none"> • Individual & group counselling • 24-hour crisis & support line (available to men and women) • Accompaniment and advocacy • Public education & outreach