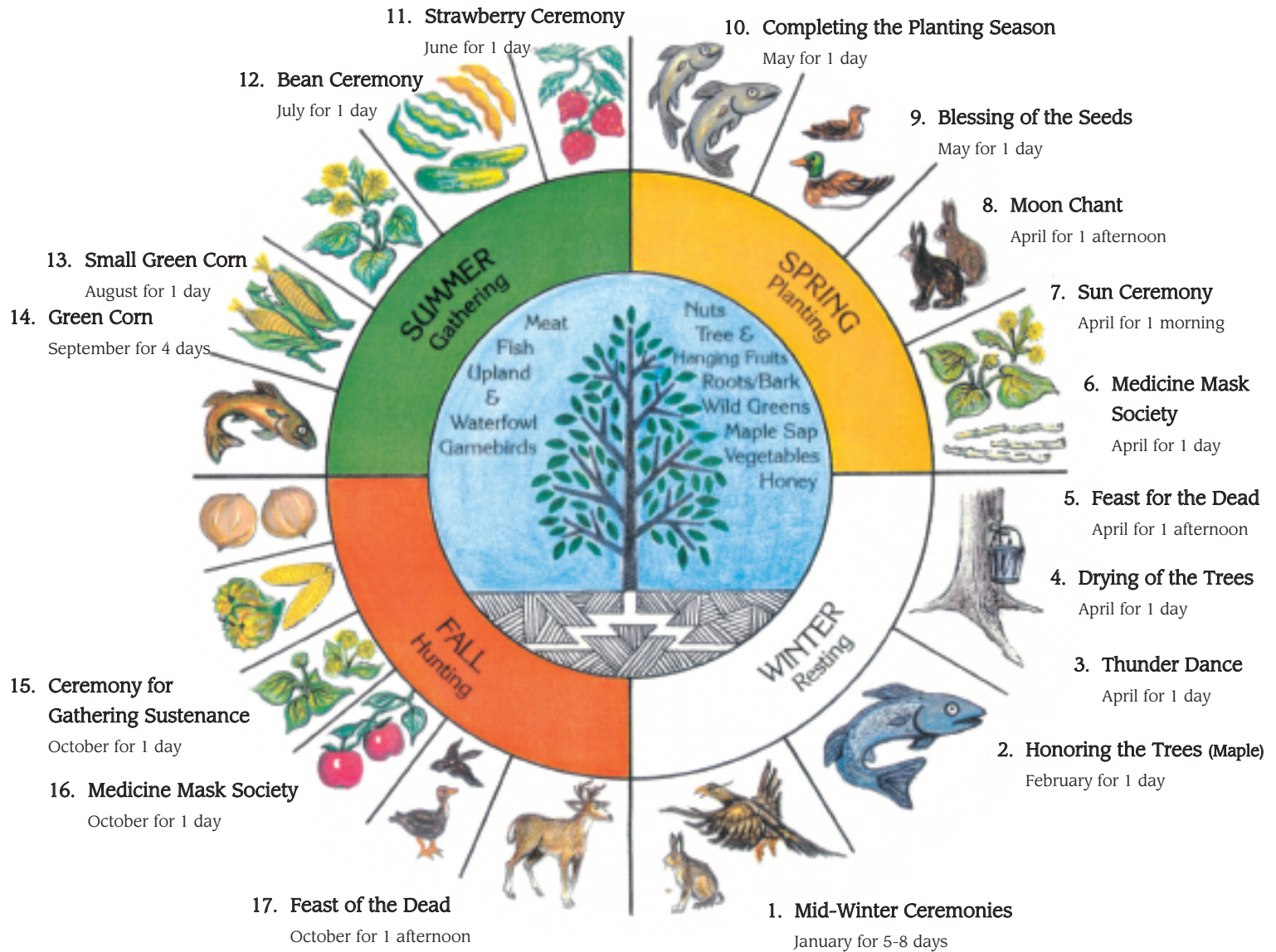
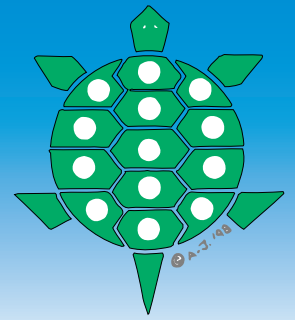


# Tree of Life

## Food Guide

### Cycle of Life (East to West)



Six Nations Health Services  
519-445-2418

Long Term Care/Home & Community Care  
519-445-1328