

# Our Health Counts London

The first inclusive, community-driven health survey for Indigenous peoples in London

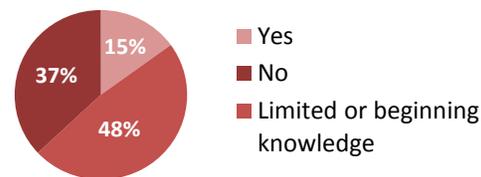
## CHILD - CULTURE & IDENTITY

Consistent with the findings of a study among urban First Nations people in Hamilton<sup>1</sup>, parents and caregivers of Indigenous children in London emphasized the importance of transmitting Indigenous culture, traditions and languages to the next generation. These findings counter the narrative that Indigenous children are no longer connected to cultural practices when living in urban areas.

### Indigenous Languages

**98%** of parents/guardians of Indigenous children in London believe it is very important or somewhat important for their child to learn an Indigenous language, consistent with the 93% of First Nations parents in Hamilton.<sup>1</sup>

**Over 3 in 5 children (2 years +) have some level of understanding of an Indigenous language.**

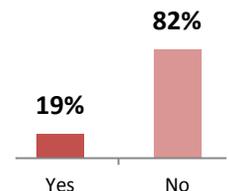


### Traditional Ceremonies

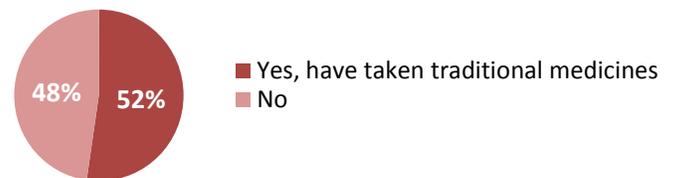
**95%** of parents/guardians of Indigenous children believe that it is very important or somewhat important for traditional ceremonies to be part of their child's life. This is consistent with findings among First Nations parents in Hamilton and Indigenous parents in Toronto.<sup>1,2</sup>

### Traditional Medicines

**19%** of Indigenous children have seen and/or been treated by a traditional healer.



**Over half of Indigenous children have used and/or taken traditional medicines.**



Common sources of cultural knowledge for children were Parents, Grandparents, and Aunts and Uncles

*Population based estimates were created using respondent driven sampling (see Project Overview and Methods Factsheet)*

#### Definitions

Parents/guardians of Indigenous children or Indigenous children: parents/guardians of persons 1 to 14 years self-identified as Indigenous by their parent or guardian, such as First Nations, Métis, Inuit or other Indigenous nations, living or using services in the City of London; Traditional ceremonies: such as pow-wows, sweat lodges and community feasts; Traditional medicines: such as smudging or teas.

#### Sources

1. Smylie et al. (2011); 2. O'Brien et al. (2018)

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For the full OHC London report visit:  
[www.welllivinghouse.com](http://www.welllivinghouse.com)

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Our Health Counts: Community health assessment by the people, for the people